



## Appendix

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## Appendix A

# Local Resources Summary

Instructors should complete this form and make copies available to all participants at the beginning of Session One. The intent is to give new Scoutmasters and assistant Scoutmasters an overview of contacts in their areas who can provide valuable assistance in developing programs and carrying out Scouting activities. The summary can also be a source of local knowledge concerning locations for camping, hiking, and other troop events, and information about interacting with land management agencies and private property owners.

National Council Web page \_\_\_\_\_

*Scouting* magazine (sent to registered adults six times a year—subscribe through your council)

*Boys' Life* magazine (available monthly by subscription through your council)

Our council's name \_\_\_\_\_

Address \_\_\_\_\_

Telephone No. \_\_\_\_\_

Council Web page (if any) \_\_\_\_\_

Scout Shop address \_\_\_\_\_

Telephone No. \_\_\_\_\_

Hours of operation \_\_\_\_\_

Council newsletter (publication schedule and method of distribution): \_\_\_\_\_

Boy Scout camp(s)

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone No. \_\_\_\_\_

Our district's name \_\_\_\_\_

District executive \_\_\_\_\_

Telephone No. \_\_\_\_\_

District committee chair \_\_\_\_\_

Telephone No. \_\_\_\_\_

District commissioner \_\_\_\_\_  
Telephone No. \_\_\_\_\_

Roundtable commissioner \_\_\_\_\_  
Telephone No. \_\_\_\_\_

Location of roundtable meetings \_\_\_\_\_  
Dates and times of roundtable meetings: \_\_\_\_\_  
\_\_\_\_\_

Training chair \_\_\_\_\_  
Telephone No. \_\_\_\_\_

*To be filled out by each participant, with the help of Scoutmaster and Assistant Scoutmaster Leader Specific Training instructors:*

My chartered organization \_\_\_\_\_  
Telephone No. \_\_\_\_\_

Contact person for the chartered organization \_\_\_\_\_  
Telephone No. \_\_\_\_\_

Unit leader \_\_\_\_\_  
Telephone No. \_\_\_\_\_

Committee chair \_\_\_\_\_  
Telephone No. \_\_\_\_\_

Affiliated Cub Scout pack \_\_\_\_\_  
Cubmaster \_\_\_\_\_  
Telephone No. \_\_\_\_\_

Webelos leader \_\_\_\_\_  
Telephone No. \_\_\_\_\_

*Contacts and opportunities for troop outdoor activities, conservation projects, and other events:* \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Include here the listings of local places to hike and camp, opportunities for troops to use district and council facilities (camps, COPE courses, etc.), individuals who can offer guidance on district and council activities (including veteran Scouters, qualified campmasters, merit badge counselors, etc.), and other contact information and inside knowledge that will help inexperienced troop leaders take advantage of nearby people and places to enliven and enhance the Scouting experience for their troop members and for themselves. This is also an appropriate handout for including dates and locations of future training opportunities including Introduction to Outdoor Leader Skills. If necessary, attach additional pages.



## Appendix B

# Session Two

## Pop Quiz

1. The boy-led troop is a valuable tool for planning and conducting the outdoor program.  
True \_\_\_ False \_\_\_
2. If a troop has an active, exciting outdoor program, advancement is a natural result.  
True \_\_\_ False \_\_\_
3. The primary reference guide for Scoutmasters seeking information about outdoor program skills and safety is *The Scoutmaster Handbook*.  
True \_\_\_ False \_\_\_
4. Through Scouting's outdoor program, young people can learn how to camp and hike without leaving a trace and how to take care of the land.  
True \_\_\_ False \_\_\_
5. A Scoutmaster and members of a troop can learn outdoor skills together, building on their experience to enjoy adventures of greater duration and difficulty.  
True \_\_\_ False \_\_\_
6. The main reason many boys join Scouting is for the opportunity to take part in the outdoor program.  
True \_\_\_ False \_\_\_
7. At a minimum, Scouts should be spending 10 days and nights outdoors each year.  
True \_\_\_ False \_\_\_
8. An essential resource for Scoutmasters learning how to deliver Scouting's outdoor program is *The Scoutmaster Handbook*.  
True \_\_\_ False \_\_\_
9. The outdoor program includes a range of activities from a patrol's afternoon hike to a troop's trek at a BSA national high adventure area.  
True \_\_\_ False \_\_\_
10. The BSA's outdoor program is many things, but very high on the list is the fact that it should be fun.  
True \_\_\_ False \_\_\_

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## Appendix C

# Patrol Outdoor Program Activity: Session Two Assignment One—Winter Climate

The setting for this outdoor adventure is a large area of private property not far from the hometown of the Scouts in your troop. There are several forested sections of the property and a large lake. The troop is interested in having a winter campout that will allow them to practice building igloos. The event will occur on a weekend in February, two months from now. The weather that time of year is generally below freezing. There will probably be several feet of snow on the ground, though the wind will have blown the snow off the ice on the lake.

1. What opportunities are there in this scenario for a successful Scouting event?

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2. As you consider this event, what are your issues of concern?

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3. What ethical choices are likely to come up during this activity?

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4. What leadership roles can Scouts assume in planning and carrying out this weekend event?

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5. How can the patrol method best be utilized?

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6. What opportunities for advancement can be woven into this event?

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7. Using the resources of *The Scoutmaster Handbook*, write down the names of the checklists you as Scoutmaster will need to consider for this event to be a success, and note the importance of each one. (For example, rather than listing every item of gear that will be needed, simply write down the name of the appropriate gear checklist and then a sentence or two of explanation.) Include in your notes any other gear or supplies that are not covered by the standard checklists.

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8. What portions of the planning and leadership of this event can be delegated to the troop's assistant Scoutmasters? What support should be requested from the troop committee?

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9. Staying warm and dry during this campout will be an interesting challenge for the troop. What ideas do you have for solving this problem? Where can you go to get more information about these issues and other considerations for camping in a frozen environment?

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10. Discuss the importance of the following four points of Trek Safely, especially as they apply to your preparations for this specific activity:

- Qualified Supervision

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- Keep Fit

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- Communicate Clearly and Completely

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- Monitor Conditions

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11. Consider how the troop can conform to the principles of Leave No Trace.

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12. Consider how you would go about discovering the possibilities of an appropriate conservation project for the troop to do and the right way for it to be conducted. (It should be good for the land, meaningful for the Scouts, and planned well in advance with the assistance of appropriate personnel of the state park.)

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## Appendix D

# Patrol Outdoor Program Activity: Session Two Assignment Two—Arid Climate

The setting is a national park several hours' drive from the Scouts' homes. The park is in an arid region of the southwestern United States. The scenery is spectacular and the hiking trails are inviting, and much of the park is a designated wilderness. In September, the month the troop members can make the trip, most of the springs and streams have dried up and water is scarce.

1. What opportunities are there in this scenario for a successful Scouting event?

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2. As you consider this event, what are your issues of concern?

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3. What ethical choices are likely to come up during this activity?

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4. What leadership roles can Scouts assume in planning and carrying out this weekend event?

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5. How can the patrol method best be utilized?

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6. What opportunities for advancement can be woven into this event?

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7. In what ways can the values of Scouting be promoted through this activity?

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8. Using the resources of *The Scoutmaster Handbook*, write down the names of the checklists you as Scoutmaster will need to consider for this event to be a success, and note the importance of each one. (For example, rather than listing every item of gear that will be needed, simply write down the name of the appropriate gear checklist and then a sentence or two of explanation.) Include in your notes any other gear or supplies that are not covered by the standard checklists.

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9. What portions of the planning and leadership of this event can be delegated to the troop's assistant Scoutmasters? What support should be requested from the troop committee?

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10. Providing a sufficient supply of water and protecting everyone from exposure to the sun will be interesting challenges for the troop. What solutions do you have? Where can you go to get more information about these issues and other considerations for camping in an arid environment?

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11. Discuss the importance of the following four points of Trek Safely, especially as they apply to your preparations for this specific activity:

- Gear Up

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- Plan Ahead

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- Communicate Clearly and Completely

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- Keep Fit

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12. Consider how the troop can conform to the principles of Leave No Trace.

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13. Consider how you would go about discovering the possibilities of an appropriate conservation project for the troop to do and the right way for it to be conducted. (It should be good for the land, meaningful for the Scouts, and planned well in advance with the assistance of appropriate personnel of the state park.)

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## Appendix E

# Patrol Outdoor Program Activity: Session Two Assignment Three—Rugged Terrain

The setting is a state park an hour's drive from the Scouts' homes that is famous for its dramatic cliffs. Climbing and rappelling are popular public activities in this area. Troop members have been talking about those sports since the previous summer when they did some introductory climbing and rappelling during their weeklong stay at a council Scout camp. During their annual program planning session, they decided to devote a month of meetings to learning about climbing and rappelling. The highlight of the month will be a weekend campout at the state park. The outing will occur on a weekend in June two months from now.

1. What opportunities are there in this scenario for a successful Scouting event?

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2. As you consider this event, what are your issues of concern?

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3. What ethical choices are likely to come up during this activity?

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4. What leadership roles can Scouts assume in planning and carrying out this weekend event?

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5. How can the patrol method best be utilized?

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6. What opportunities for advancement can be woven into this event?

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7. Using the resources of *The Scoutmaster Handbook*, write down the names of the checklists you as Scoutmaster will need to consider for this event to be a success, and note the importance of each one. (For example, rather than listing every item of gear that will be needed, simply write down the name of the appropriate gear checklist and then a sentence or two of explanation.) Include in your notes any other gear or supplies that are not covered by the standard checklists.

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8. What portions of the planning and leadership of this event can be delegated to the troop's assistant Scoutmasters? What support should be requested from the troop committee?

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9. The BSA has rigorous standards for any Scout unit engaging in climbing and rappelling activities. Find those standards in *The Scoutmaster Handbook* and determine what planning must be done for your troop to enjoy climbing and rappelling during their weekend at the state park.

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10. Discuss the importance of the following four points of Trek Safely, especially as they apply to your preparations for this specific activity.

- Monitor Conditions

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- Plan Ahead

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- Communicate Clearly and Completely

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- Gear Up

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11. Consider how the troop can conform to the principles of Leave No Trace.

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12. Consider how you would go about discovering the possibilities of an appropriate conservation project for the troop to do and the right way for it to be conducted. (It should be good for the land, meaningful for the Scouts, and planned well in advance with the assistance of appropriate personnel of the state park.)

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## Appendix F

# Patrol Outdoor Program Activity: Session Two Assignment Four—Urban Setting

The setting is a privately owned park at the edge of a metropolitan area. The owners of the park are supporters of Scouting and have offered to let the troop use the facilities without charge. The property has a camping area, and there is a lake with a swimming beach but no lifeguards. Canoes are available for use. A trail around the lake leads to a city park with a thriving natural history program for young people. The campout the Scouts are planning is for mid-July, two months from now. The weather that time of year can be hot and humid, and there may be mosquitoes.

1. What opportunities are there in this scenario for a successful Scouting event?

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2. As you consider this event, what are your issues of concern?

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3. What ethical choices are likely to come up during this activity?

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4. What leadership roles can Scouts assume in planning and carrying out this weekend event?

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5. How can the patrol method best be utilized?

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6. What opportunities for advancement can be woven into this event?

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7. Using the resources of *The Scoutmaster Handbook*, write down the names of the checklists you as Scoutmaster will need to consider for this event to be a success, and note the importance of each one. (For example, rather than listing every item of gear that will be needed, simply write down the name of the appropriate gear checklist and then a sentence or two of explanation.) Include in your notes any other gear or supplies that are not covered by the standard checklists.

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8. What portions of the planning and leadership of this event can be delegated to the troop's assistant Scoutmasters? What support should be requested from the troop committee?

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9. Taking advantage of the opportunities for swimming and canoeing poses a challenge for troop leaders. What guidance for these activities can you find in *The Scoutmaster Handbook*? What ideas do you have for solving this problem? Where can you go to get more information about this issue and other considerations for troop activities in an urban setting?

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10. Discuss the importance of the following four points of Trek Safely, especially as they apply to your preparations for this specific activity.

- Qualified Supervision

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- Plan Ahead

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- Keep Fit

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- Discipline

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11. In the activities you plan, consider how the troop can conform to the principles of Leave No Trace.

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12. Give thought to an appropriate conservation project that could be incorporated in the troop's activities. (An important aspect of this consideration is that troop leaders consult local land managers well ahead of time to develop a project that is both appropriate for the environment and meaningful for the Scouts.)

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## Notes

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